



Pastor Joel Pagett

Life Hack

How to live life when it appears that something has attempted to hack your future.

This message is designed to help you know what to download and delete from your life, when life seems to hack into who we are supposed to be.

Life is a series of peaks and valleys. Sometimes you're up, sometimes you're down. But it's the difficult times where we need a little more support and guidance. I'm a firm believer that it's how you respond in your moments of defeat that really defines the type of person you are. When you can improve your ability to navigate the difficult times, you not only live a happier life, but you also grow as person. Here's how to make that happen in your life.

- Acts 27:13-44 (ESV)

Paul's life was hacked.

Four programs to add to your life to block life hackers

1. Life may never be the way you hoped. But either way we have to learn to cope.

Coping is the use of spiritual beliefs, attitudes and practices to reduce the emotional distress caused by stressful events of life, these may include loss or change. Suffering takes on meaning and it becomes more bearable.

Paul's back story

- A. Making sense of where you are

It might be hard to control with what has happened, or we made choices and this is where we are.

- Acts 9—Paul's Conversion

- B. Experiential sense that something bigger and better can come from this.

Your journey has proven that God has always led you to something different. So our perspective can change at looking at our current situation.

- Philippians 3:13-14 (NLT)

C. Behavioral Choices: Your attitude and actions

- Romans 12:1-2 (ESV)

Paul choose to behave knowing what God had promised. He trusted that God was in control.

Intentional living is about knowing why you do what you do, and why you don't do what you don't do.

To live an intentional life, we must begin by laying a proper foundation and then add practical steps on top of it. Realize that your life is made up of choices. Every morning is a new day full of decisions and opportunity. You get to pick your attitude and your decisions.

Paul purposed to have a spiritual formation that was evidenced on the outside.

- Galatians 5:22 (NLT)

Embrace your imperfections

Strive to grow and improve. Don't expect yourself or anyone else to be perfect.

Discover you do have choices.

- Philippians 4:4 (NIV)

Forgive

Forgive yourself and others for past wrongs. Those things hold you in the past and limit your future.

Forgiveness can never change the past. However, it can change how you look at the future.

Intentional living is about doing the things that are important to you even when it's not easy.

- 2 Timothy 4:7-8 (NLT)